

The Graduation Post Secondary Transition Plan

The Post Secondary Transition Plan will provide you with 4 credits towards your graduation. It is a mandatory component for graduation - you are unable to graduate without having completed it. This booklet contains the necessary components of the Transition Plan. It is recommended that you begin working on your physical activity and work/volunteer experience hours during this summer. Attached you will find sheets for recording your hours.

The plan consists of:

150 minutes of physical activity in each of grade 10 (PE 10 is acceptable), 11 and 12

- ◆ Documentation needed to prove the participation in the activity (online DPA)

30 hours of work experience or volunteer experience in each of grade 11 and 12

- ◆ Documentation and an assessment of the work are required

A Post Secondary Transition Plan

- ◆ A Personal Assessment which includes:
 - Values Survey
 - Personality Profile
 - Skills Profile
 - Interests Inventory
 - Employability Skills
- ◆ A detailed description of short and long term education and career goals
- ◆ Description of the knowledge and skills needed
- ◆ A back-up plan: education, work, gap year

List Potential Challenges

- ◆ Financial, required skills, low grades, time frame, approval of others
- ◆ Define a plan for overcoming the various challenges you may face.

You must also include:

- ◆ An up-to-date resume
- ◆ A Financial Plan for funding your Post Secondary Goals
- ◆ A completed Post Secondary Program Application Form (available on-line)
- ◆ A list of deadline dates for admissions to programs
- ◆ A list of prerequisites, including necessary grades
- ◆ Research of future job prospects, salary, opportunities for advancement, etc

Assessment: Your Graduation Transitions Coordinator will read your Transition Plan in the first week of March of your graduation year. Only students who complete all elements of the Graduation Transition will be granted an Exit Interview. Please see the Student Checklist for minimum requirements.

Due Date: March 1st of your Grade 12 year. It is highly recommended that you begin to work on this plan as soon as possible. Exit Interviews are usually held in the third week of April.

Presentation of the Post Secondary Transition Plan

The format of your presentation is up to you. You may choose to develop a binder, charts, PowerPoint, etc. It is probably most useful to have it in a format that you can easily access and review – you will need to present it in an EXIT INTERVIEW with another member of the community. Remember this is meant to be a useful process and document.